

2009 Program Registration Form

Please clip and mail in this form with your check to confirm your spot in the program. Each program is limited to 24 participants, and will fill up quickly.

Player Name _____

Player Address _____

City, State and Zip _____

Player Home telephone Number _____

Parents name and cell number _____

School player attends _____

Grade player will be entering in September, 2009 _____

K-2nd	\$125.00
3 rd and 4 th	\$165.00
5 th and 6 th	\$165.00
7 th and 8 th	\$215.00

Mail to: Glass City, LLC
4237 Elmway Drive
Toledo, Ohio 43614
419-381-1895 (with questions)

All participants receive a t-shirt and access to door prizes



2009 Summer Volleyball Programs

In
Conjunction
With



Glass City Volleyball Company is proud to partner with the YMCA to offer a summer volleyball program that is fun, competitive and educational to girls and boys for grades K-8. These programs will be challenging and are designed to teach the basics to the youngest of players, and offer a volleyball/fitness component to the Junior High players that hope to make a High School program. Glass City's most experienced coaches, area High School and Collegiate coaches are committed to this endeavor. All instruction will be supervised by Dana Hooper, who brings 37 years in the sport at a variety of levels. (More information on Dana's background can be found at www.glasscityvolleyball.com)

Location : Morse Center
University of Toledo-Health Science Campus
3065 Arlington, Dowling Hall- 3rd floor
Toledo, Ohio 43614

Dates: Weeks of 6/22/09, 6/29/09, 7/13/09, 7/20/09, 7/27/09

**All Grades should be based on the players' grade as of September, 2009
Space is limited to 24 participants in each group

K-2nd Grade

Monday and Wednesday 9:00 am- 10:00 am

Instruction at this level will be very basic, stressing the fun and Learning the games. Players will use Volley Light volleyballs, and Utilize a lower net than normal.

COST: \$125.00 for the five week program

3rd and 4th Grade

Tuesday and Thursday 9:00 am-10:00 am

Instruction at this age will be very fundamental in nature, but will also utilize game situations to teach principles of play. Players can be part of this group having previous experience or not, as the instruction will meet the needs of each participant.

COST: \$125.00 for the five week program

5th and 6th Grade

Monday and Wednesday 10:00 am- 11:30 am

Players at this level can have no experience or have previously Participated In an organized program. The skills of the game will be taught and enhanced, as well as strategies of offensive and Defense.

COST: \$165.00 for the five week program

7th Grade

Monday and Wednesday 1:00 pm-3:00 pm

The instruction at this age will be geared to preparing your Junior High volleyball player to begin to prepare to play at the High School of their choice. The program will combine skill instruction, with training to improve speed, agility and vertical jump and provide scrimmage opportunities to expand game knowledge. There will be multiple instructors including Glass City coaches, and area High School coaches.

Cost: \$215.00 for the five week program

8th Grade

Tuesday and Thursday 1:00 pm-3:00 pm

The instruction at this age will be geared to preparing your 8th grader for success at preparation to make the High School program of their choice. This very unique program will combine skill development with fitness enhancement to improve speed, agility and vertical jump. At the same time the players will be placed on teams for league -type play, and emphasis will be placed on the mental side of volleyball during this time.

Cost: \$215.00 for the five week program